

PE

Intent

At Willington Primary School, we aim to inspire all children to develop a love of physical activity and sport. PE is fundamental to children's learning and is an important part of school life and ultimately the children's well-being. We strive to build a community of physically active children by providing a broad, balanced and inclusive PE curriculum that ensures all children are positively engaged. Through our delivery of the PE curriculum and sporting opportunities, we believe that we can support children in building the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.

Our PE curriculum roots in physical development in Reception, where it is one of the prime areas of development and continues through to Year 6. It includes a wide variety of physical activities: team games, individual games, gymnastics, dance, athletics, outdoor adventurous activities and swimming, alongside regular extracurricular provision and sport. Throughout each child's school journey, we aim to encourage healthy competition and cooperative learning through an inclusive approach to teaching PE where children know more and do more.

Implementation

Our PE lessons follow a scheme of learning called Get Set 4 PE (GS4PE). We believe GS4PE provides the platform to achieve high quality, creative and engaging PE lessons across the school. The core value of GS4PE is to give every child the physical literacy and the emotional and creative thinking skills to achieve in PE and sport across the curriculum. Knowledge organisers, rules cards, top tips, glossaries, supporting videos are provided to ensure expectations are clear and enable children to aim high. Quality First Teaching strategies are used to support all learners. Alongside GS4PE, we also expose children to experts in different sports by inviting in local coaches/sport providers (e.g. Deda dance/DCFC) to teach within their field.

Enrichment

We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being. Children have the opportunity to showcase skills within celebration assemblies or class show and tells. Sports Day and other sporting events, such as inviting sporting professionals in, are organised throughout the year.

Impact

Our curriculum aims to improve the wellbeing and fitness of all children at Willington Primary School, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness. AFL opportunities are built into our lessons and children are given live feedback throughout.

Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.

Learning walks, questionnaires and lesson observations are built into the whole school monitoring cycle.

CPD opportunities are provided for staff regularly.