

# PE Curriculum

At Willington Primary School, we aim to inspire all children to develop a love of physical activity and sport. PE is fundamental to children's learning and is an important part of school life and ultimately the children's well-being. We strive to build a community of physically active children by providing a broad, balanced and inclusive PE curriculum that ensures all children are positively engaged. Through our delivery of the PE curriculum and sporting opportunities, we believe that we can support children in building the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.

Our PE lessons follow a scheme of learning called Get Set 4 PE (GS4PE). We believe GS4PE provides the platform to achieve high quality, creative and engaging PE lessons across the school. The core value of GS4PE is to give every child the physical literacy and the emotional and creative thinking skills to achieve in PE and sport across the curriculum. Knowledge organisers, rule cards, top tips, glossaries, supporting videos are provided to ensure expectations are clear and enable children to aim high. Quality First Teaching strategies are used to support all learners. Alongside GS4PE, we also expose children to experts in different sports by inviting in local coaches/sport providers (e.g. Deda dance/DCFC) to teach within their field.





We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being. Children have the opportunity to showcase skills within celebration assemblies or class show and tells. Sports Day and other sporting events, such as inviting sporting professionals in, are organised throughout the year.

# Our PE lessons follow the below structure:

### Warm up & Introduction

All lessons start with a warm up where children are encouraged to acknowledge and understand the importance of warming the body up before any physical activity.

The learning objective for the lesson is communicated and referred back to throughout to ensure progress and understanding is monitored.



## Skill Development

A variety of activities are carried out with the intention to build a progressive and sequenced outcome of the unit.

Pupils are appropriately challenged and encouraged to contribute throughout. Clear demonstrations are provided to help pupils visualise the desired skill. These also allow pupils to identify and correct their own errors.



### Plenary

A short activity signals the end of the lesson and ensures children have time to cool down.

Learning is reviewed and feedback is given.



#### **SEND**

**Quality first teaching** strategies are used to support all learners.

Learning outcomes are broken down into smaller steps, where appropriate.

Re-visiting content through cross-curricular learning and/or through other activities in school.

Adaptive teaching strategies provide different levels of support, using different resources or adjusting the pace of instruction.

#### **Assessment**



Progress and understanding is monitored throughout.

Questioning is used to check understanding and consolidate learning. Use of self and peer assessment is encouraged and pupils know what they need to do to improve.

Assessment trackers are completed every lesson to assess children's attainment.

